

First United Methodist Church

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Ministers: All Members /

Pastor: Randy Thomas

11th Sunday after Pentecost - Green

August 16, 2020



Better

Because normal isn't working.

HERE TO SERVE

District Superintendent..... Eduardo Rivera
Today's pianist.....Victor Gene Robbins
Technical Support.....Vic Ivy & Ray Griffith
Secretary / Bookkeeper.....Christina Duarte
Children's Service Leader.....
Nursery Attendant.....Antonia Terrazas
Custodian.....Alexis Duarte & Delia Dutchover

BLENDED WORSHIP SERVICE

August 16, 2020

PRELUDE

WELCOME

CALL TO WORSHIP

Lord of the Dance #261

PRAYER

HYMN

It Is Well with My Soul #377

PRAYER & PRAISE CARD

MORNING PRAYER/LORDS PRAYER

PRAISE & WORSHIP

Lord I Lift Your Name

How Great Is Our God

How Great Thou Art

SCRIPTURE LESSON

Psalm 34:1-4

MESSAGE

FREEDOM FROM FEAR

By Pastor Randy Thomas

INVITATION TO RECEIVE CHRIST AND ALTAR TIME / JOIN

THE CHURCH

Please let us pray for you and help you any way we can. Please fill out your prayer/praise card in you bulletin, and place it in the offering.

FREEDOM FROM FEAR

Psalm 34:1-4 (NKJV)

¹ I will bless the LORD at all times; His praise *shall* continually *be* in my mouth. ² My soul shall make its boast in the LORD; The humble shall hear *of it* and be glad. ³ Oh, magnify the LORD with me, And let us exalt His name together. ⁴ **I sought the LORD, and He heard me, And delivered me from all my fears.**

Psalm 34:4 (NLT2)

I prayed to the LORD, and he answered me. He freed me from all my fears.

I. WHAT IS FEAR?

Judges 6:3-4 (NLT2)

³ Whenever the Israelites planted their crops, marauders from Midian, Amalek, and the people of the east would attack Israel, ⁴ camping in the land and destroying crops as far away as Gaza. They left the Israelites with nothing to eat, taking all the sheep, goats, cattle, and donkeys.

Judges 6:11-12 (NLT2)

¹¹ Then the angel of the LORD came and sat beneath the great tree at Ophrah, which belonged to Joash of the clan of Abiezer. Gideon son of Joash was threshing wheat at the bottom of a winepress to hide the grain from the Midianites. ¹² The angel of the LORD appeared to him and said, "Mighty hero, the LORD is with you!"

. *Gideon's fears

2 Timothy 1:7 (AMP)

⁷ For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm *and* well-balanced mind *and* discipline *and* self-control.

*Definition: Fear is a strong emotional reaction to a perceived imminent danger characterized by a fight, flight, or freeze. Phobias are irrational fears that are not real threats.

II. WHAT CAUSES FEAR?

Proverbs 3:5-6 (NLT2)

⁵ Trust in the LORD with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take.

- **Former Fear-Producing Experiences**

- Traumatic experiences*

- Childhood sexual abuse or rape

- Tragic accident

- Divorce or the death of a loved one or a cherished pet

- Scare tactics used on you by others*

- Threats of violence by a parent, siblings, others

- Underdeveloped sense of self-worth*

- Neglect, criticism, or ridicule

- Poor school performance

Lack of musical, artistic, or athletic abilities

—*Parents or family members who displayed excessive fear*

"My aunt had a panic disorder."

"My father was a constant worrier."

"My mother was fearful and overprotective."

*Chuck Swindoll stated: "The fierce grip of panic need not immobilize you. God knows no limitation when it comes to deliverance. Admit your fear. Commit it to Him. Dump the pressure on Him; He can handle it."

III. HOW TO FIND FREEDOM FROM FEAR

Isaiah 41:10 (NLT2)

¹⁰ Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.

*Gideon's courage and victory.

*E. Stanley Jones: "Worry and anxiety are sand in the machinery of life; faith is the oil."

Overcoming fears:

1. Remember you are important to God.
2. 63 times God says do not fear. God doesn't ask you to do what you can't do.
3. Find a good counselor if necessary.
4. Challenge to read the 23rd Psalm whenever fears arise in your heart .

NOTES:

***Please notice the next steps for your card.**

NEXT STEPS

I just accepted Jesus Christ as my personal Savior.

I just recommitted my life to Jesus Christ.

I will take one of the steps above to overcome fear.

I will memorize the memory verse this week.

Please mark your next step on your Prayer Card and place it in the offering. Then, keep the next step above as a reminder for the upcoming week.

MEMORY VERSE FOR THE WEEK

Isaiah 41:10 (NLT2)

¹⁰ Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.

UPDATES

MARK YOUR CALENDAR

- ⇒ Happy Birthday:
 - Violet Trent August 14th
 - Angela Harral August 28th
 - Brenda Thomas September 3rd
 - Nancy Tarter September 3rd

- ⇒ SPRC meeting today after service.

- ⇒ Angle Tree: Do we want to do Traditional or Virtual?

- ⇒ Children's Ministry will hopefully resume in September.

- ⇒ All sermons and bulletins can be found on our website: **fsfumc.com**, as well as other updates and important information.

- ⇒ Office hours are the same during this cautious time, feel free to come in for prayer in the sanctuary or prayer room Mondays through Thursdays: 9 am-12 noon and 1-3 pm, as long as you are not feeling ill.

- ⇒ El Buen Vecino at 401 S. Valentine is now open for those who need their services. Tuesday and Thursday 2-5, Wednesday 1-5

- ⇒ We have a Food Bank. If you or someone you know can use that service, the office is ready to help Mondays through Thursdays: 9-12 noon and 1-3 pm

WITH OUR GIFTS

Received last Sunday...Tithes & Offerings.....\$2,350.00

WITH OUR PRESENCE

Last Sunday's Morning Service.....23
YouTube Views (as of Wednesday).....12

FUMC MISSION STATEMENT

New. Life. Now.

WITH OUR PRAYERS

Ruth & Emily Neyland have
continuing health issues,
Johnnie & Olga Rivera.
Kay Magee.
Denna Sadler.
Rosie Hopkins & Susie
Vestal, her mom.
Sara Borden.
Melba Ward.
Sylvia Thomas.
Eva Gail Abington.
Kate Finley, Jessica
McGuire Harral's niece.

Tara Bowman, whose
husband Graham, passed
away recently.
Kelli Neeb Kemp.
Mark Walker, Cheryl
Neeb's brother, who is in
critical condition.
Rex Whitfield, having
severe unknown pain.
John Hoffman's family, he
recently passed away.
Adrienne & Jim Horton and
family , who lost their
daughter unexpectedly.

